

Uaai:

MyCAF Profile

MyCAF Profile: Confidence

Your top 3 attributes are:

- Self-efficacy
- Storytelling
- Enterprise

MyCAF Profile: Relevance

Your top 3 attributes are:

- Connectivity
- Curiosity
- Self-efficacy

MyCAF Profile: Reflection

Your reflective statement:

Through reflecting on my MyCAF profile, I realised that the attributes I feel most confident about are Self-efficacy, Storytelling, and Enterprise. These qualities reflect the way I approach both creative and professional work. I am confident in my ability to adapt and complete tasks effectively, and I value presenting ideas in ways that feel genuine and engaging. My sense of enterprise helps me stay proactive, especially when faced with new

challenges in fast-paced environments like my internship at *Miss Sohee*.

In terms of relevance, I ranked Connectivity, Curiosity, and Self-efficacy the highest. My creative practice relies heavily on collaboration and communication, and I often find inspiration through meaningful exchanges with others. Curiosity drives me to explore new materials, processes, and cultural perspectives, which is essential in textile design. Self-efficacy remains at the centre of my growth, as confidence in my own capabilities allows me to take creative risks and sustain motivation even in uncertainty.

Overall, my MyCAF profile highlights the balance between confidence, curiosity, and connection that I try to maintain as a designer. I see these attributes as evolving rather than fixed, and I hope to keep strengthening them through future experiences that challenge me to think critically, act purposefully, and design with empathy.

Where do I want to be?

Creative Attribute 1

I gain energy through collaboration and meaningful exchange with others. Conversations help me broaden my perspective, and I find great value when different ideas come together to create something new. I hope to continue building these open connections and learn from diverse ways of working and thinking.

Creative Attribute 2

My curiosity grows whenever I encounter new materials, techniques, or perspectives. I see myself as being in a constant process of learning, and curiosity drives me to explore more deeply. Through design, I want to keep expanding my understanding of the world and refining how I interpret it in my own way.

Creative Attribute 3

Trusting my own abilities and instincts has become increasingly important to me. Even when things are uncertain or imperfect, I believe growth comes from trying and learning through experience. With each step, I want to strengthen my confidence and develop a clearer sense of who I am as a designer.

Revisit anytime:

[MyCAF Report.](#)